



Don't Hold It In: Unlocking the Secrets of Urological Wellness

Urology Webinar 2025

Topics

- 1. Stone Disease
- 2. Hematuria
- 3. Lower Urinary **Tract Symptoms**
- 4. Prostate Cancer
- 5. Erectile Dysfunction
- 6.Female Urology

12 & 13 July 2025

0800-1600 MST link will be announced soon

*CPD point awarded





Join us for a two-day comprehensive online event addressing key issues in urological health. Designed for both healthcare professionals and the public, this webinar aims to raise awareness, debunk myths, and offer practical insights into urinary tract health.

17 12–13 July 2025

— Prof Dr Ong Teng Aik

— Dr Desmond Ling

1400–1430 | **Second Symposium**

1530–1600 | **Closing Remarks**

Virtual Platform (Webinar Link to be Provided)

DAY 1: For General Practitioners

12th July 2025 (Saturday) Ø 8:00 AM − 4:00 PM 0800–0820 | Participant Registration 0820–0830 | Prologue – *Dr (Mr) Ahmad Nazran* Plenary 1 0830–0900 | Urinary Stones: Unveiling the Hard Truth of Stone Disease — Dr (Mr) Jeffery Lim Ze Kang 0900–0930 | Working Up a Patient with Haematuria — Dr (Miss) Karthika 0930–1000 | Prostatomegaly – When Do I Refer Out? — Dr (Mr) Novinth Kumar 1000–1015 | **See Morning Break** 🦞 Plenary 2 1015–1045 | Shedding Light on Erectile Dysfunction — Dr (Mr) Chai Chu Ann 1045–1115 | Evaluation of Bothersome Nocturia and OAB — Dr (Mr) Ahmad Nazran 1115–1145 | Renal Cysts Demystified — Prof Dr Shanggar Kuppusamy 1145–1215 | **| Lunch Symposium** 1215–1300 | Break Plenary 3 1300–1330 | Debunking Myths Surrounding UTIs — Dr (Mr) Kanesh Kumaran 1330–1400 | PSA Levels – When and Why?

1430–1530 | Management of Catheters and Tubes in Primary Care



Gain expert insights into common and complex urological issues Learn practical tips for diagnosis and management Designed for both professionals and the general public

DAY 2: Public Awareness Session

13th July 2025 (Sunday) 2 8:00 AM – 1:15 PM

Itinerary:

0800–0850 | Participant Registration

0850–0900 | Prologue – *Dr (Mr) Ahmad Nazran*

Plenary 1

0900–0930 | Why Me? Is It Abnormal to Have Prostate Enlargement? — *Dr (Mr) Umadhevan*

0930–1000 | Can Supplements Reduce My Prostate Size or Dissolve Stones? — Dr (Mr) Razaleigh

Plenary 2

1000–1030 | Fast, Shy, or Lazy? Breaking the Silence on Men's Sexual Health — Dr (Mr) Devindran

1030–1100 | Why Can't I Hold It In? Comprehending Female Incontinence — *Dr Shuhada*

1030–1100 | Stone-Buster: A Pathway in Conquering Kidney Stones — *Dr (Mr) Mugialan*

1100–1130 | When Urine Turns Crimson: Managing Blood in Your Pee — Dr (Mr) Kumarappan a/l Alagappan

1130–1200 | ** Break

Plenary 3

1200–1230 | Restless Nights: Understanding Nocturia — *Dr (Mr) William Ong*

1230–1300 | The Midnight Leak: Bedwetting in Children — Dr (Mr) Roger Anthony Idi

1300–1315 | Epilogue

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